## **PROGRAMS**

#### **HEALTH AND WELLNESS PROGRAM**

 Provides free healthy living seminars, workshops and on-site clinics to educate youth and young adults concerning healthy eating, physical fitness, and how to have a positive attitude towards health.

#### FINANCIAL LITERACY PROGRAM

 Consist of providing trained and experienced guest speakers who empower youth with knowledge about the importance of money management, including spending, saving, budgeting, establishing credit, and so on.

### YOUTH ENTREPRENEUR AND LEADERSHIP PROGRAM

 Encourages youth and young adults with a genuine interest in a specialized area to pursue their dreams by expressing motivation, dedication, inspiration and innovation.



#### **BACK-TO-SCHOOL SUPPLY GIVEAWAY**

 School supplies are distributed to an abundance of students in the community. Youth leave equipped with the necessary school supplies to further their education, as well as the knowledge needed to be excited about learning and having a productive school year.

#### ARTS AND CULTURE PROGRAM

 Provides youth and young adults with opportunities to learn, refine their artistic abilities, utilize holistic approaches, and explore the impact artists have on society while participating in seminars and class sessions.

### WINTER OUTERWEAR AND DINNER GIVEAWAY

 Distribute food and hygiene items to the homeless and those in need by providing hygiene kits and hot meals to ultimately assist in the betterment of their health and well-being.

#### **FOOD DISTRIBUTION**

 Those in need are helped as fresh produce, poultry and non-perishable food items are distributed to help ensure families in need have nourishing meals.

We educate and empower thousands of youth
We give school supplies to thousands of students
We feed thousands of families and give to the homeless



2021 Recipients of the "Presidents Award"



2021 Nonprofit of the Year Award Recipients

#### **HOW TO DONATE**

A Great Way to Help Still I Rise With One Donation.

There are many ways to give!

 We accept: Gifts of Cash, Checks, Money Orders and Gifts of Stock

To donate visit: www.Still-iRise.org/donations

Phone: (815) 414-9614 Email: info@Still-iRise.org

CashApp: \$StilliRise2014 or send to address



# "GIVING HOPE AND STRENGTH TO THE COMMUNITY"



HOURS OF OPERATION MONDAY - FRIDAY 9:00AM - 5:00PM

### **ADDRESS:**

Still I Rise 475 East Court Street, Suite 2113 Kankakee, IL 60901

### **CONTACT:**

Phone: (815) 414-9614
Email: info@Still-iRise.org
Website: www.Still-iRise.org

olimitsing Instagram: @StilliRiseNFP

Facebook: Still-I-Rise-1423720411274468

## **MISSION**

 To educate, empower and inspire amongst youth and young adults to have self-sufficiency and confidence to make a positive difference in society.



## **OUR VISION**

 Still I Rise is known among youth, young adults, public and private entities in our community as the go-to organization for youth and young adults to acquire life skills, self-sufficiency,

leadership skills and self-development to potential.



### **MABOUT US**

- Still I Rise is a non-profit organization that empowers youth and young adults to create a positive and healthy change in society.
- This dynamic and innovative leadership development organization provides comprehensive and cohesive programs including health and wellness, youth entrepreneur, arts and culture, financial literacy, and workforce development.



- Still I Rise works with youth and emergent adults by cultivating empowerment and education, as well as provides individuals with the tools and resources needed through constructive programs to maximize their strengths and self-sufficiency in life to enhance their future.
- By identifying and providing educational and supportive resources, Still I Rise has successfully enhanced the quality of life for thousands of youth and young adults.

# WHAT STILL I RISE PROVIDES

- The tools, resources, partnerships and support youth and young adults need to gain the voice, ability and problem-solving capacity to rise to their full potential.
- Mentorship and empowerment programs for youth and young adults.
- The knowledge and skills to help assist youth and young adults successfully succeed in society, counteract negative situations, and obtain better decision making skills.
- The information and opportunities youth and young adults need to overcome obstacles and hardships, and the understanding concerning how to use their personal power to achieve their goals and dreams.

